Gains eight pounds since taking Tanlac and is now

full of energy.

Bedtime Story For the Little Ones UNCLE WIGGILY AND THE CAT BIRD.

Look at tongue. Then give fruit laxative for stomach, liver, bowels.

MORE Truth

DAILY RECORD.

"California Syrup of Figs" can't harm children and they love it.



New way to remove

What War May Bring; The Girl As A Janitor



INS HOSEL COHEN, of the Tenl Iss HOSHS COHEN, of the Tenl Ducklings at the Crawford thenter, posed by Hernid staff photographer (Paul Richards) as a woman justor, illustrating eccupations of the men that the war may

Windfred Education has been ne-lected to plan approsite Duntin Far-turn in "The Spy," his next Fox pro-diction.



Beauty Chats By Edna Kent Forbes

The Eyebrows.

Advice to the Lovelorn

By BEATRICE PAIRPAX.

HOROSCOPE.



exporous exercise If the lower leg is

nelly keep the skin soft, but a certain and the face with ice. This will help praise Tanho energy as I ever did. I can't tanhe.

A. M. E.—I am inclined to think that the reduces of the noise and the entire face comes from stumach transite. Itself and descript and doesn't the face comes from stumach transite. Itself the noise redder and doesn't the face comes from stumach transite. Itself the noise redder and doesn't the face finsh after you have eather a rearry meal? Try a light diet, easily a lighted foode, and very plain things.

Charles woman with help bring them to a direction of a special Tanko representation for you.

Charles woman with help bring them to a direction of a special Tanko representation for you.

Charles woman with help bring them to a direction of a special Tanko representation for you.

Charles woman with help bring them to a direction of a special Tanko representation for you.

Charles woman with help bring them to a direction of a special Tanko representation for you.

How Heat Flashes, Dizzy Spells and other Bad Feel-ings at Change of Life may be Relieved.

Richmond, Va. - "After taking seven bottles of Lydia E. Pinkham's Vegetable Compound I feel like a

Years Ago Today
From The Herald of this Date, 1902.

affic following was reported from stouderoft today: Frank Stu-mous and family are at the

for we have known each other for years) is powe, but I know he milk in years) is powe, but I know he milk in years) is powe, but I know he milk in years) is powe, but I know he milk in years) is powe, but I know he milk in years in years

during the Change of Life and was also troubled with other bad feelings common at that time-

than I ever was and recommend your remedies to all my friends."-Mrs. LENA WYNN, 2812 E. O Street, Richmond, Va. While Change of Life is a most crit-ical period of a woman's existence, the

annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydis E. Pinkham's Vegetable Compound.

Such warning symptoms are a sense of suffocation, hot flashes, headaches, backsches, dread of impending svil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes petite, weakness and dizziness,

HEADACHE--DEPRESSION?

It is the Same Everywhere



nd King, a New York City Physician and Medical Author says: "There can be no strong, vigorous, iron men nor beautiful, healthy, rosychecked women without Iron-Nurated Iron taken three times per day after menia will increase the strength and endurance of weak, nervous, run-down folks 180 per cent; in two weeks' time in many instances. Avoid the old forms of metallic iron which may injure the treth, corrode the stomach, and thereby do more harm than good. Take only organic iron-Numbed Iron." It is dispensed in this city by A. E. Byan and all good drugglats.

The Daily Novelette

Than Poetry

By JAMES J. MONTAGUE.

"Build wooden ships," the expert said.

"There's lots and lots of trees.
That ought not to stand slacking in such slirring times as these.
The ships won't much account spon the colling deep.
But that wan't worry as at all, for we can get 'em chein."

If He's Guing, That is. Than Poetry



